

# Ten Commandments

## Card 7

## Teacher Background

### Review Card Set

**Scripture:** Exodus 19-20 (Exodus 32 for extended lessons)

**Theme:** holiness

### 3 Storytelling

Pass out Card 7. Share the story.

- After leaving Egypt and escaping from Pharaoh's army, Moses and the Israelites wandered around in a desert for a long while. They eventually came to a mountain called Sinai. God met with Moses on the mountain.
- When God appeared on the mountain, there was fire and smoke. The mountain trembled violently. A sound like a trumpet grew louder and louder.
- God gave Moses the 10 Commandments (or rules) while he was on the mountain:
  - (1) I am the Lord your God; you must not have any other god but me.
  - (2) You must not make for yourself an idol of any kind. You must not bow down to them or worship them.
  - (3) You must not misuse the name of the Lord your God.
  - (4) Remember to observe the Sabbath day by keeping it holy. You have six days each week for your ordinary work, but the seventh day is a Sabbath day of rest dedicated to the Lord your God. On that day no one in your household may do any work.
  - (5) Honour your father and mother. Then you will live a long, full life in the land the Lord your God is giving you. (6) You must not murder. (7) You must not commit adultery. (8) You must not steal. (9) You must not testify falsely against your neighbour. (10) You must not covet anything that belongs to your neighbour.
- God told Moses, "And you will be my holy nation." This is the message you must give to the people of Israel." Holy means to be different; God wanted the Israelites to be different from everyone else on the earth by following the 10 Commandments. After 40 days and nights with God, Moses came down from the mountain. The 10 Commandments were written on stone tablets.
- Many years after God gave Moses and the Israelites the 10 Commandments, God sent his Son, Jesus, to live a perfect life. Jesus obeyed everything God said. No one else has ever been perfect except Jesus; this means he is holy. Jesus came to be our example; he wants us to obey God and be holy too.

### 2 Read Aloud

Exodus 20:1-17

### 1 Review Activity

### 4 Discussion Questions

1. How did God show his presence on Mt. Sinai? (fire and smoke)
2. How was Israel supposed to be a holy nation? (following the 10 Commandments)
3. How is Jesus holy? (lived a perfect life, always obeyed God)

### 5 Memory Verse

Psalm 19:8

**The commandments of the Lord are right, bringing joy to the heart. The commands of the Lord are clear, giving insight for living.**

### 6 Activity: Do This, Do That

When the leader says "Do This," children must do what they do. If the leader says "Do That," children are not to do what the leader does. If someone follows an instruction when the leader says "Do That," they are out. Play until one winner is standing. The person who wins can then be the leader next time. For larger crowds, after 10 commands the leader can call on anyone still standing to become the new leader. The teacher can decide when the game is finished and declare the remaining children standing as the winning group.

### 7 Learning Point

God showed the Israelites his holiness at the mountain. He taught them that it is good to fear how powerful he is, and then he showed them his commandments. God's commandments provide guidance for living holy, just like the leader in this game gave you directions on how to move. God wants us to live holy lives. His commands also help us to see how much we need God's help because we know we can never follow all the rules all the time. God does not expect us to be perfect, but he wants us to try our best to follow him every day. This is how we show we love him. The Bible says, "If you love me, obey my commandments." The best way to remember his commandments and follow him is to read the Bible. Ask God to help you remember and obey his commandments.

### 8 Review Card Set

